

OUTDOOR PURSUITS VOYAGES

Multi-Element Multi-Day Individual Gear List

Used by Participant to pack for trip

As part of your registration process you will be asked to give your sizes. You will also be asked if you would like to rent any gear from Voyages.

*= Available to Rent (fee included in trip price)

**= Available to rent for a fee

- ☐ Backpack or duffle bag to carry all of your items
- ☐ Sleeping bag**
- ☐ Sleeping pad*
- ☐ Day pack or fanny pack
- ☐ Climbing shoes*
- ☐ Harness that fits over the clothes you will be wearing*
- ☐ Helmet*
- ☐ Day pack or fanny pack
- ☐ Boots (MUST be hiking boots that are worn in by you with sturdy tread, seam, and laces)
- ☐ Wool/synthetic socks (minimum of three pairs)
- ☐ Shorts (synthetic)
- ☐ Swimsuit (appropriate for activity)
- ☐ T-shirt (three pairs of synthetic)
- ☐ Sports Bras (two pair of synthetic)
- ☐ Underwear (three pairs)
- ☐ Long sleeve shirt (one synthetic)
- ☐ Long underwear (one synthetic)**
- ☐ Warm jacket (one fleece or wool)**
- ☐ Warm top (one synthetic or wool)**
- ☐ Warm pants (one synthetic or wool)**
- ☐ Rain jacket**
- ☐ Warm hat (wool or synthetic)
- ☐ Brimmed hat
- ☐ Gloves/mittens
- ☐ Bandana
- ☐ Sunglasses (polarized, broad spectrum UV protection preferred)
- ☐ Bowl, Cup, Spoon
- ☐ Water bottles (two 1 liter bottles)
- ☐ Headlamp/Flashlight (spare batteries and bulb)**
- ☐ Personal hygiene items:
 - Toothbrush/toothpaste
 - Gender specific items
 - Wash cloth
 - Sun Block/ Bug Spray
 - Comb
 - Medications if necessary
- ☐ Optional:
 - Journal with Pen
 - Multi-Tool/Knife
 - Playing cards
 - Hacky sack
 - Frisbee
 - Instruments (Harmonica, etc.)
 - Camera